

Peach Salad

Makes: 50 servings

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Ingredients	Weight	Measure
Peach, Canned, Drained, rough chopped or use other fresh seasonal fruit like mangos		1 can
Basil or Mint, Fresh, washed, chiffonade		1/4 cup
Cilantro, Fresh, washed, chopped		1/4 cup
Pineapple, crushed, drained reserving juice		1/2 can
Red Onion, small dice		1/4 cup
Cucumbers, peeled, diced		1/2 cup
Bell Pepper, julienned		1/2 cup
Carrots, local, shredded		1/2 cup
Cabbage, shredded		2 cups
Lemon/lime juice or cider vinegar		1/4 cup
Juice from canned pineapple		1/2 cup
Blended Oil		1/2 cup
Salt and pepper		to taste

Directions

1. Combine all salad ingredients
2. Combine all dressing Ingredients
3. Dress salad before serving and chill

Notes

Use local produce whenever possible !!!